



POLICY AND PROCEDURE MANUAL

SUBJECT Behavior Treatment Plan Review	ACCOUNTABILITY NMRE	Effective Date: Nov. 1, 2022	Pages:
REQUIRED BY: MDHHS Technical Requirement for Behavior Treatment Plan Review Committees	BBA Section: PIHP Contract Section: Other:	Last Review Date:	Past Review Date: Oct. 10, 2022
Policy: <input checked="" type="checkbox"/> Procedure: <input type="checkbox"/>	Review Cycle: Annual Author: Compliance	Responsible Department: Compliance	Reviewers: Compliance and Quality

Definitions

BTP: Behavior Treatment Plan

BTPRC: Behavior Treatment Plan Review Committee

Expedited: The plan is reviewed and approved in a short time frame such as 24 or 48 hours. (Adult Foster Care Licensing R 400.14309 – Crisis Intervention)

Imminent Risk: An event/action that is about to occur that will likely result in the serious physical harm of oneself or others.

Intrusive Techniques: Those techniques that encroach upon the bodily integrity or the personal space of the individual for the purpose of achieving management or control, of a seriously aggressive, self-injurious or other behavior that places the individual or others at risk of physical harm. Examples of such techniques include the use of a medication or drug when it is used to manage, control or extinguish an individual's behavior or restrict the individual's freedom of movement and is not a standard treatment or dosage for the individual's condition. Use of intrusive techniques as defined here requires the review and approval by the Committee.

Restrictive Techniques: Those techniques which, when implemented, will result in the limitation of the individual's rights as specified in the Michigan Mental Health Code (MMHC) and the federal Balanced Budget Act. Examples of such techniques used for the purposes of management, control or extinction of seriously aggressive, self-injurious or other behaviors that place the individual or others at risk of physical harm, include prohibiting access to meals, using the Craig (or veiled) bed, or any other

limitation of the freedom of movement of an individual. Use of restrictive techniques requires the review and approval of the BTPRC

Purpose

The Northern Michigan Regional Entity (NMRE) believes in protecting and promoting the dignity and respect of all individuals receiving public mental health services. This policy will provide protection for individuals receiving services, promote the use of least restrictive optimally effective treatment, assist staff by acting as a consultative resource committee, and ensure that the BTPRCs at the CMHSPs comply with the MDHHS Technical requirement for Behavior Treatment Plans.

Policy Statements

- 1) The CMHSPs shall have policies and procedures for intervening with an individual receiving public mental health services who exhibits seriously aggressive, self-injurious, or other challenging behaviors that place the individual or others at imminent risk of physical harm.
- 2) These policies and procedures shall include protocols for using the least intrusive and restrictive interventions for unprecedented and unpredicted crisis or emergency occurrences of such behaviors.
- 3) For all other non-emergent or continuing occurrences of these behaviors, the CMHSPs will first conduct appropriate assessments and evaluations to rule out physical, medical, and environmental (e.g., trauma, interpersonal relationships) conditions that might be the cause of the behaviors.
- 4) The CMHSPs' BTPRC must establish a mechanism for expedited review of proposed behavior treatment plans in emergent situations.
- 5) The regional BTPRC will quarterly review analyses of data from the various behavior treatment review committees where intrusive or restrictive techniques have been approved for use with beneficiaries and where physical management or 911 calls to law enforcement have been used in an emergency behavioral crisis. Data shall include the number of interventions and length of time the interventions were used per person.
- 6) Data on the use of intrusive and restrictive techniques will be reviewed by the regional Quality Oversight Committee and additional data must be available for review by the PIHP and/or MDHHS as needed.

References

- MDHHS BHDDA Technical Requirement for Behavior Treatment Plans
- Adult Foster Care Licensing R 400.14309 – Crisis Intervention
- MDHHS BHDDA QAPIP for specialty PIHP

Approval Signature



NMRE Chief Executive Officer

11/01/22

Date