

**NORTHERN MICHIGAN REGIONAL ENTITY
BOARD OF DIRECTORS MEETING
10:00AM, OCTOBER 24, 2018
CROSS STREET CONFERENCE ROOM, GAYLORD**

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| BOARD MEMBERS IN ATTENDANCE: | Carol Crawford, Roger Frye, Ed Ginop, Annie Hooghart, Randy Kamps, Gary Klacking, Terry Larson, Gary Nowak, Jay O’Farrell, Dennis Priess (on phone), Richard Schmidt, Karla Sherman, Joe Stone, Don Tanner, Nina Zamora |
| STAFF IN ATTENDANCE: | Jodie Balhorn, Karan Bingham, Christine Gebhard, Judy Hursh, Karl Kovacs, Eric Kurtz, Valerie McBain, Stewart Mills, Diane Pelts, Brandon Rhue, Sara Sircely, Dee Whittaker, Tricia Wurn, Deanna Yockey, Carol Balousek |

CALL TO ORDER

Let the record show that Chairman Randy Kamps called the meeting to order at 10:00AM.

ROLL CALL

Let the record show that all Board Members were in attendance (Dennis Priess on phone) for the meeting on this date.

PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that no conflicts of interest were expressed with any of the meeting agenda items.

APPROVAL OF PAST MINUTES

The minutes of the September meeting of the NMRE Governing Board were included in the materials for the meeting on this date.

MOTION MADE BY JOE STONE TO APPROVE THE MINUTES OF THE SEPTEMBER 24, 2018 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS, SECOND BY DON TANNER. MOTION CARRIED.

APPROVAL OF AGENDA

Mr. Kamps called for approval of the meeting agenda. A typo was noted which will be corrected. Mr. Kurtz asked to add Electronic Board Packets under “New Business,” and Inpatient Bed Capacity and ATS Liquor Tax request under “Old Business.”

MOTION MADE BY GARY NOWAK TO APPROVE THE AGENDA FOR THE OCTOBER 24, 2018 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS AS AMENDED, SECOND BY ROGER FRYE. MOTION CARRIED.

CORRESPONDENCE

- A letter dated October 1, 2018 from Jeffery Wieferich at Michigan Department of Health and Human Services (MDHHS) to PIHP and CMHSP Executive Directors in support of the parity plan submitted by the PIHP Parity Compliance Workgroup.
- Email correspondence dated October 12, 2018 from Robert Sheehan at CMHAM announcing a healthcare summit sponsored by Crain’s Detroit Business on October 15th in Dearborn.
- The minutes from the October 4, 2018 PIHP CEO Meeting.

- A press release dated October 11, 2018 from Lieutenant Governor Brian Calley announcing the October 1st launch of the NMRE/Region 2 PIHP Opioid Health Home.
- The Fall 2018 edition of the NMRE Consumer Newsletter.

Mr. Kurtz highlighted the Press Release from the Lt. Governor, naming NMRE as the first Opioid Health Home under the pilot project.

It was noted the Community Mental Health Association of Michigan's (CMHAM) Fall Conference was very informative and provided good understanding regarding MDHHS priority activities.

Karan Bingham, NMRE Customer Services Specialist, gave a report on the Day of Recovery Education that was held on October 19th at Treetops Resort. A total of 171 beneficiaries and staff participated. Feedback received has been very positive.

ANNOUNCEMENTS

Joe Stone mentioned that Roger Frye will be having surgery October 26th and to please keep his recovery in mind.

PUBLIC COMMENTS

Let the record show that no comments were made from the public during the meeting on this date.

REPORTS

Board Chair Report/Executive Committee

Mr. Kamps stated the Executive Committee did not meet but has exchanged information via email regarding evaluation of the NMRE Chief Executive Officer. Mr. Kamps requested comments be directed to his attention. He asked the surveys to be completed prior to the December 12th Board meeting. A link to the SurveyMonkey evaluation will be sent to Board members by the end of the week with paper copies furnished to those members who do not have email.

CEO's Report

The NMRE CEO Report for October 2018 was included in the materials for the meeting on this date. Mr. Kurtz noted the need for NMRE representation on the Rural Health Initiative grant steering committee. The Rural Communities Opioid Response Program identified 11 counties with high HIV, Hepatitis C rates attributed to opioid use. The committee was formed under the Michigan Center for Rural Health. Cathy Meske represents the region on the Board. Areas of target are prevention, treatment, recovery, and workforce stability. Mr. Kamps acknowledged that stigma is a big hindrance to individuals seeking help.

Mr. Kamps requested an update on the Section 298 Initiative. Mr. Kurtz expressed that special legislation has been requested for Network 180 to do an undefined pilot with Cherry Health and Spectrum. Due to the turmoil with Lakeshore Regional Entity, it stalled. Bill Riley, Interim Executive Director at Network 180, indicated that discussions are back on but there is no skeleton of a plan to date. MR. Stone commented that 298 is basically "on life support." Mr. Kurtz noted the Department is split on the subject. Mr. Kovacs questioned the commitment of the Medicaid Health Plans (MHPs) to 298. Mr. Stone stated, from the way it was presented during the CMHAM Fall Conference, the MHPs are in charge. Mr. Kurtz encouraged Bob Sheehan to circulate the "Revised Program for Procurement" issued in 1998 as fundamental reading; the document will be forwarded to the Board Members.

SUD Board Report

Let the record show that the next meeting of the NMRE SUD Oversight Policy Board is scheduled for 10:00AM on November 5, 2018 in the Cross Street conference room in Gaylord. With a light agenda and several members unavailable to attend, it is possible the meeting will be rescheduled.

August Financial Report

The NMRE Monthly Financial Report for August 2018 was included in the materials for the meeting on this date. The "Eligibles" tables were corrected and reinstated. Mr. Kovacs requested revenue trending by CMH which will be added to the monthly report.

- Traditional Medicaid showed \$138,345,924 revenue, plus \$3,072,085 for SUD, and \$141,449,251 in expenses, resulting in a net surplus of \$1,490,547.
- Healthy Michigan Plan showed \$9,969,242 revenue, plus \$4,576,218 SUD, and \$17,107,071 in expenses, resulting in a net deficit of \$2,561,611, which may be offset by Medicaid savings
- Health Home showed \$161,747 revenue and expenses of \$124,72, resulting in a surplus of \$37,026.
- SUD showed all funding source revenue of \$12,197,977 and expenses of \$12,576,131, resulting in a deficit of \$378,154. NMRE will be requested additional Community Grant funds from the State; \$535K was received in September.

Mr. Kovacs commented the NMRE's financial position is not the norm (based on what was expressed during the CMHAM Fall Conference). Mr. Stone requested detailed information on Autism benefit funding.

A discussion of overspending Community Grant funds followed. Historically, overages are covered by PA2 (liquor tax). Mr. Kurtz explained the Medicaid side is partly tied to the authorization processes and utilization management. NMRE is addressing these processes internally and with providers. The 1115 Waiver approval is pending for SUD. The adoption of the 1115 will be a big mind shift for providers; highly tied to ASAM standards. Mr. Kamps asked if there will be a time when Traditional Medicaid goes away leaving only HMP. Mr. Kurtz responded the reverse is more likely.

NEW BUSINESS

NMRE Employee Handbook

The NMRE Board Policy Committee met on this date at 9:00AM prior to on the NMRE Board Meeting to review the proposed NMRE Personnel Policies/Employee Handbook. Mr. Nowak reported the Policy Committee recommended approval. Paid Time Off (PTO) will be given to staff rather than sick, vacation, personal time. North Country will pay out 100% of accrued vacation time and 25% of accrued sick time. NMRE will carry over the remainder of sick time up to 40 hours to be used in 2019. The NMRE will recognize 12 paid holidays. Mr. Tanner mentioned forming a Board Human Resources Committee may be needed in the future. It was noted Operations Committee recommended approval of the Employee Handbook.

MOTION MADE BY GARY NOWAK TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY EMPLOYEE HANDBOOK, SECOND BY KARLA SHERMAN. MOTION CARRIED.

Home Help

Included in the materials for the meeting was a Memorandum dated August 7, 2006 from David Short, President, Combined Management & Marketing Services, Inc. to Michael Moran, Chief Executive office of Manistee Benzie CMH regarding findings by the Audit Office of the Michigan Department of Community Health against CMHSPs for the usage of MDCH-advanced Medicaid funds and/or State General Funds to improperly supplement the cost of Michigan Department of Human Services Home Help personal care services. Clarification was made that Home Help is not a PIHP-covered benefit; it is a DHS covered service.

Electronic Board Packet

Mr. Kurtz recognized that some boards are moving to electronic Board packets and providing Members with laptops, surfaces, or iPads. He asked whether the NMRE should move in the same direction. It was noted that a few Board Members do not have email to receive electronic packets. Diane Pelts explained that staff provided training to AuSable Valley Board Members. An added benefit is electronic storage of documents and resource materials on a web-based application. Mr. Kamps encouraged moving forward and touching base with the CMHSPs to coordinate. Mr. Tanner supported having a dedicated device in the event of a request under the Freedom of Information Act (FOIA).

OLD BUSINESS

Behavioral Health Home

A review of the 2017/2018 Behavioral Health Home for Centra Wellness Network was included in the materials for the meeting on this date. This was shared for informational purposes. Discussions continue with Jon Villasurda at the State. The NMRE's request to expand will address after new administration is in place. Mr. Kamps recommended he report, and one similar for Northern Lakes, with County Commissioners and legislators.

MOTION BY GARY NOWAK TO SEND APPROVED NMRE GOVERNING BOARD MEETING MINUTES TO THE TWENTY-ONE COUNTY CLERKS AND THE CHAIRPERSON OF THE TWENTY-ONE COUNTY BOARDS OF COMMISSIONERS.

Mr. Larson asked Mr. Nowak to amend to include the approved SUD Oversight Board meeting minutes. Mr. Nowak amended his prior motion.

(Amended) MOTION BY GARY NOWAK TO SEND APPROVED NMRE GOVERNING BOARD AND SUBSTANCE USE DISORDER OVERSIGHT BOARD MEETING MINUTES TO TWENTY-ONE COUNTY CLERKS AND THE CHAIRPERSON OF THE TWENTY-ONE COUNTY BOARDS OF COMMISSIONERS, SECOND BY DON TANNER.

Mr. Stone opposed sending the minutes to the Chairperson of the Boards of Commissioners. Mr. Kamps asked whether the intent of Mr. Nowak's motion was to send electronic or paper minutes. Mr. Nowak responded that he intended paper minutes. Mr. Kovacs commented that the minutes are kept on the www.nmre.org website; he suggested that a link be emailed instead.

LET THE RECORD SHOW THAT MR. NOWAK WITHDREW HIS MOTION; MR. TANNER WITHDREW HIS SUPPORT.

The NMRE will send a link to approved meeting minutes on its website to County Clerks and the Chairperson of the Boards of Commissioners as applicable.

Opioid Health Home

The pilot program officially went live on October 1st. Business Associate Agreements are in place for the Health Home Providers. NMSAS is leading the way of getting individuals enrolled. More updates will follow in the coming months.

NMRE Transition

A letter dated October 5, 2018 from Christine Gebhard and Eric Kurtz to North Country CMH staff leased to the NMRE was included in the materials for the meeting on this date. December 14th will be the last day of North Country CMH employment; staff will move the NMRE employment on December 15th with the first day of work commencing on December 17th. Health Care through North Country will continue through December 31st. NMRE has selected a health insurance plan through Blue Care Network which will be in

effect beginning January 1st. Mr. Kurtz expects to sign a lease for the Gaylord location by the end of the month. Brandon Rhue and his team will begin working on the IT infrastructure as soon as access to the building is granted.

Inpatient Bed Capacity

Mr. Kurtz expressed he was approached by Cindy Kelley and Dr. Mellos during the Fall Association Conference. They indicated they are not impressed with the Caro site. Expanding community hospital availability is being discussed at the State which might involve some capacity in the NMRE region. Mr. Kurtz will report more as the topic develops.

ATS Liquor Tax Request

A liquor tax request from Addiction Treatment Services (ATS) to implement residential services to women while allowing their children onsite was presented during the September meeting. Mr. Kurtz requested revised language from ATS to focus on prevention and treatment; no revision has been received to date. Mr. Kurtz clarified no funds have been sent from NMRE to ATS. It is possible that ATS secured funding through a grant. Mr. Kamps suggested floating this topic back through to the SUD Oversight Board. The rest of the Board agreed.

PRESENTATION

Compliance Update

Jodie Balhorn, NMRE Compliance Officer, provided an update on the responsibilities of the Governing Board regarding Compliance. The MDHHS-PIHP contract states that regular reports must be delivered to the Board. Board responsibilities include:

- 1) Adhering to the NMRE Regional Compliance Plan
- 2) Reviewing Compliance-related Policies
- 3) Reviewing Annual Medicaid Encounter Verification reports
- 4) Reviewing the activities of the Compliance Program
- 5) Providing high level oversight to the NMRE Compliance Program

Ms. Pelts asked about the status of the NMRE assuming the grievance & appeal function for the region. Mr. Kurtz responded that is likely to happen around January 1, 2019.

COMMENTS

Board

- Mr. Stone asked Sara Sircely whether individual on methadone receive “take home” doses. Ms. Sircely responded that, typically, individuals do receive doses for Sundays. Mr. Stone commented that young adults in the jail system are testing positive for methadone.
- Mr. Kamps congratulated AuSable Valley on the recognition of its ROAR community outreach, anti-stigma, and political action project during the CMHAM Fall Conference.
- Ms. Sherman congratulated Mr. Stone for his statements as President of CMHAM delivered during the Fall Conference.

MEETING DATES

The next meeting of the NMRE Board of Directors is scheduled for 10:00AM on December 12, 2018 at the Otsego Club in Gaylord.

ADJOURN

Let the record show that Mr. Kamps adjourned the meeting at 12:09PM.