

**NORTHERN MICHIGAN REGIONAL ENTITY
BOARD OF DIRECTORS MEETING
10:00AM, JANUARY 23, 2019
NMRE BOARD ROOM, GAYLORD**

BOARD MEMBERS IN ATTENDANCE:	Ed Ginop, Annie Hooghart, Randy Kamps, Gary Klacking, Gary Nowak, Richard Schmidt, Joe Stone, Don Tanner,
BOARD MEMBERS ATTENDING BY PHONE:	Roger Frye, Terry Larson, Jay O'Farrell, Dennis Priess, Karla Sherman, Nina Zamora
CEOs IN ATTENDANCE:	Christine Gebhard, Chip Johnston, Karl Kovacs (on phone), Cathy Meske, Diane Pelts
NMRE STAFF IN ATTENDANCE:	Jodie Balhorn, Carol Balousek, Mary Dumas, Mari Hesselink, Eric Kurtz, Brian Martinus, Diane Pelts, Christie Pudvan, Brandon Rhue, Sara Sircely, Chris VanWagoner
PUBLIC:	John Boonstra, Chip Cieslinski, Heather Diggs, Chris Frasz, Bill Gitre, Sierra Hill, Kathy Seal, Sue Winter, Susan Wojotwiak

CALL TO ORDER

Let the record show that Chairman Randy Kamps called the meeting to order at 10:00AM.

ROLL CALL

Let the record show that no Board members were absent for the meeting on this date, though several attended via conference call due to poor weather conditions.

PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that no conflicts of interest were expressed with any of the meeting agenda items.

APPROVAL OF PAST MINUTES

The minutes of the December meeting of the NMRE Governing Board were included in the materials for the meeting on this date.

MOTION MADE BY GARY NOWAK TO APPROVE THE MINUTES OF THE DECEMBER 2, 2018 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS; SECOND BY JOE STONE. MOTION CARRIED.

APPROVAL OF AGENDA

Mr. Kamps called for approval of the meeting agenda.

MOTION MADE BY ROGER FRYE TO APPROVE THE AGENDA FOR THE JANUARY 23, 2019 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS; SECOND BY ED GINOP. MOTION CARRIED.

CORRESPONDENCE

- A memorandum from Bob Sheehan (CMHAM) dated January 16, 2019 listing Recommendations for the Management of the Medicaid Behavioral healthcare Benefit for the Unenrolled Population in 298 Pilot Communities.
- A listing of Michigan House of Representatives 100th Legislature Committee Assignments.
- An email from Alan Bolter (CMHAM) dated January 4, 2019 providing Michigan Senate Committee Assignments.
- A document from Community Mental Health Association of Michigan titled “Addressing The Systemic Underfunding of Michigan’s Public Mental Health System.” January 2019.
- An article from Crain’s Detroit dated January 10, 2019 introducing Robert Gordon as the new Director of MDHHS.
- The NMRE’s FY19 Network Adequacy Plan.
- Fiscal Year 2018 Quarter 4 Performance Indicators. This topic will be a future Board presentation.

Mr. Kurtz spoke about memorandum from Bob Sheehan on the management of the Medicaid behavioral healthcare benefit for the unenrolled/fee-for-service Medicaid population in the Section 298 pilot communities. The memorandum outlined the Association’s concerns with the MDHHS plan. Mr. Sheehan asserted that the CMHSPs within the 298 pilot regions are best suited to serve its beneficiaries.

ANNOUNCEMENTS

Let the record show that no announcements were made during the meeting on this date.

PUBLIC COMMENTS

Public and NMRE staff in attendance introduced themselves to the Board. Everyone was welcomed to the new NMRE Gaylord office.

REPORTS

Board Chair Report/Executive Committee

Let the record show that no meetings of the NMRE Executive Committee have occurred since the December NMRE Board Meeting.

CEO’s Report

The NMRE CEO Report for December-January was included in the materials for the meeting on this date. Mr. Kurtz drew attention to the 30-minute unpaid radio interview on McDonald-Garber broadcasting on December 18th. Ms. Gebhard asked that a link to the interview be posted to the NMRE website.

SUD Board Report

Let the record show that the minutes from the January 7, 2019 meeting of the NMRE SUD Oversight Policy Board were included in the materials for the meeting on this date in draft form. Ms. Sircely noted she will speak about liquor tax requests later in the Agenda.

September Financial Report

The NMRE Monthly Financial Report for November 2018 was included in the materials for the meeting on this date.

- Traditional Medicaid showed \$25,853,840 in revenue, and \$25,794,008 in expenses, resulting in a net surplus of \$59,832 for two months into the 2019 fiscal year. ISF and Savings are FY18 estimates. ISF is fully funded at 7½% of revenue.
- Healthy Michigan Plan showed \$2,840,764 in revenue, and \$3,167,777 in expenses, resulting in a net deficit of \$327,013, which may be offset by Medicaid savings.

- Behavioral Health Home showed \$42,803 in revenue and expenses of \$19,849, resulting in a surplus of \$22,954.
- SUD showed all funding source revenue of \$2,058,822, and \$2,518,248 in expenses, resulting in a deficit of \$459,426.

Mr. Kamps asked whether any leveling off of SUD spending has been observed. Mr. Kurtz Eric spoke about the RFI process to set standard rates. As of January 7th, the NMRE has changed authorization processes, unbundled services, and placed strong emphasis on ASAM criteria. Mr. Kurtz noted he is unsure whether the current increase in expenditures is attributable to demand or other factors. Mr. Kamps inquired about how Providers are adjusting to the changes. Mr. Kurtz acknowledged that change, any change, is difficult and there were a few misunderstandings out of the gate. Clarification was made that NMRE is not limiting needed, clinically appropriate, services. Ms. Sherman asked how NMRE lines up with comparative regions. Mr. Kurtz responded NMRE rates are comparable with MidState Health Network; Healthy Michigan rates for SUD services not keeping up with expenditures is a statewide issue.

It was noted the amount of available PA2 funds is \$5,460,304.

Mr. Kurtz informed the Board he had some good news to share. First, NMRE was in 100% compliance with standards tied to the performance incentive bonus and will receive approx.\$1.2M. Second, mental health block grant funding has been made available for individuals in Clubhouse to meet spenddown and for uninsured veterans. The amount is \$300K for FY19 and up to \$600K for FY20. Mr. Stone commented that it's confusing that Clubhouse meets Olmstead requirements regarding seclusion, though day programs do not. Mr. Kurtz stressed that this doesn't pertain to individuals on Medicaid who participate in Clubhouse programs.

NEW BUSINESS

Liquor Tax Requests

Suttons Bay Schools

A request for \$94,676 Leelanau County liquor tax funds was received from Suttons Bay Schools to continue initiatives to steer teens toward drug and alcohol abstinence. The Leelanau County liquor tax balance was provided as \$191,194K. It was noted 100% local match being provided by the County.

CHS Cheboygan Coalition

A request for \$63,524 Cheboygan County liquor tax funds was received from CHS to continue Cheboygan County Drug-Free Coalition activities. The Cheboygan County liquor tax balance was provided as \$291,924.

CHS Crawford Coalition

A request for \$51,396 Crawford County liquor tax funds was received from CHS to continue Crawford Partnership for Substance Abuse Prevention Coalition activities. The Crawford County liquor tax balance was provided as \$124,931.

Health Department of Northwest Michigan

A request for \$18,805 Antrim, \$18,975 Charlevoix, and \$20,462 Emmet Counties liquor tax funds was received from the Health Department of Northwest Michigan to continue prevention activities. The Antrim, Charlevoix, and Emmet County liquor tax balances were provided as \$202,557, \$365,514, and \$479,554 respectively.

Addiction Treatment Services

A request for \$150,000 Grand Traverse liquor tax funds was received from Addiction Treatment Service to provided residential treatment services to women while allowing them to have their children on campus. The Grand Traverse County liquor tax balance was provided as \$1,395,943.

MOTION MADE BY GARY NOWAK TO APPROVE THE LIQUOR TAX REQUESTS PRESENTED ON THIS DATE IN TOTAL, SECOND BY JOE STONE.

Discussion: Mr. O'Farrell voiced support of each request but expressed the need for evaluating the effectiveness with goals and objectives. Ms. Sircely responded timelines and evaluations are part of the application process, as are quarterly reviews and monitoring. Mr. Kovacs asked whether any of the FY19 Liquor Tax Focus Areas are tied to recreational marijuana. Ms. Sircely noted the Statewide office of Recovery Oriented Systems of Care has made the issue a priority.

Voting took place on Mr. Nowak's Motion. MOTION CARRIED.

OLD BUSINESS

SUD RFI Report

A summary of the responses to the SUD RFI was brought to December Board meeting at which time the decision was made to attach costs and budget impact and float it back to the NMRE SUD Oversight Board for review. Expanded sites and services codes were added. Mr. Kurtz explained it was difficult to determine whether additional costs will be incurred or whether lower cost services would be utilized more frequently ostensibly moved from other (higher cost) services. Additional site requests are somewhat out of the NMRE purview; it only becomes a PIHP issue if there are gaps in capacity and/or service continuum. Mr. Kurtz acknowledged the RFI findings were not as diverse as expected though he supported moving forward. Mr. Tanner expressed the need to "keep an eye on it."

MOTION MADE BY JOE STONE TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER SERVICES REQUEST FOR INFORMATION RESPONSES AS SUMMARIZED, SECOND BY DON TANNER. MOTION CARRIED.

NMRE Transition/Relocation

The NMRE moved into the Walden Drive location in Gaylord on January 19th. There is much to do to get settled in. Mr. Kurtz thanked staff for stepping up. All future Board meeting will be held in the new office's Board Room unless otherwise noted.

Opioid Health Home

Ms. Sircely reported 150 beneficiaries have been enrolled in the pilot program. Mr. Kurtz added that some "speed bumps" were experienced while getting up and running which was expected.

BHH

Mr. Kurtz commented that he was approached by Jon Villasurda recently about expanding the Behavioral Health Home; the concept seems to be gaining some ground.

PRESENTATION

Veteran Navigator Update

NMRE Veteran Navigator, Brian Martinus, provided a review of efforts made during FY18. PIHP Veteran Navigators and County Navigators have worked collaboratively for the good of veterans. The State set a goal to engage 100 veterans in needed services in FY18; the number of veterans reached shattered the goal at 1,201. Mr. Martinus reviewed demographic data: 13.86% of individuals reached reported being 55 or over; 49.8% of individual reached identified as Army veterans; 39.46% of individuals reached reported being unemployed; 58.72% of individuals reached reporting being honorably discharged from military

service. Post-Traumatic Stress Disorder (PTSD), depression and anxiety, and substance use disorders were the most prevalent diagnoses; 70% of individuals reached were referred to their local Community Mental Health. Mr. Kamps requested the demographics by County which Mr. Martinus agreed to provide. The NMRE was the second highest rated PIHP in terms of getting veterans into SUD treatment services. Mr. Martinus spoke of an upcoming initiative geared to female veteran with additional grant funding available.

Mr. Tanner asked about gaining the veterans' trust. Mr. Martinus responded that an additional \$40K grant was obtained to train therapists on Eye Movement Desensitization and Reprocessing (EMDR) which has proved very effective with Veterans. An advanced training is in the works. Mr. Schmidt asked what the difference is between what the Veteran Navigators offers and what county Veterans Coordinators offer. Mr. Martinus said he and the other Veteran Navigators work closely with VSOs; it's a partnership. Ms. Gebhard called the stated achievements "extremely impressive."

COMMENTS

Board

Mr. Stone asked where the January Operations Committee minutes were in this month's Board packet. Staff explained the move consumed much time over the past two weeks and minutes were not available at the time of the Board mailing. Mr. Kurtz questioned the appropriateness of including NMRE Board minutes in draft form in CMSHP Board packets. He would prefer to share Board minutes after they have been approved. CMH packets are public documents and subject to FOIA requests.

CMHSP CEO

- Mr. Johnston spoke about the Behavioral Health Fee Screen Group meeting with Milliman held to enable a better understanding of the system. A tool is being developed after FY18 reconciliation that will be completed in March. Milliman will review and conduct a site audit then report findings back to the workgroup. One area under scrutiny is tracking CMH administrative costs vs. program administration. After taking that all into account, rates will be looked at to determine FY20 PM/PM payments. PIHPs will supply the SUD information. Mr. Kurtz added that the 10 PIHP CEO's have requested the data sent to Milliman for rate setting; currently ambiguous.
- Mr. Johnston reported Southeast Michigan PIHP has consulted with attorneys about "systemic lack of funding;" Lakeshore may join. The Administrative Law Judge process is being used.
- Mr. Kovacs thanked Mr. Kurtz and Mr. Johnston for their ongoing efforts to move the behavioral health home ward.

MEETING DATES

The next meeting of the NMRE Board of Directors is scheduled for 10:00AM on February 27, 2019 at 1999 Walden Drive in Gaylord.

ADJOURN

Let the record show that Mr. Kamps adjourned the meeting at 11:49AM.