

**NORTHERN MICHIGAN REGIONAL ENTITY  
BOARD OF DIRECTORS MEETING  
10:00AM – SEPTEMBER 28, 2022  
GAYLORD BOARDROOM**

<b>ATTENDEES:</b>	<b>Kate Dahlstrom, Ed Ginop, Gary Klacking, Eric Lawson, Christian Marcus, Mary Marois, Gary Nowak, Jay O’Farrell, Richard Schmidt, Karla Sherman, Don Smeltzer, Don Tanner, Chuck Varner</b>
<b>VIRTUAL ATTENDEES:</b>	<b>Angie Griffis (Roscommon), Terry Larson (Rogers City)</b>
<b>NMRE/CMHSP STAFF:</b>	<b>Bea Arsenov, Joe Balberde, Lauri Fischer, Chip Johnston, Eric Kurtz, Pamela Polom, Brandon Rhue, Heidi Serven, Sara Sircely, Teresa Tokarczyk, Deanna Yockey, Carol Balousek, Lisa Hartley</b>
<b>PUBLIC:</b>	<b>Chip Cieslinski, Dave Freedman, Donna Hardies, Melissa Fruge, Rob Palmer</b>

CALL TO ORDER

Let the record show that Chairman Don Tanner called the meeting to order at 10:00AM.

ROLL CALL

Let the record show that all NMRE Board Members were in attendance either virtually or in Gaylord.

PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that no conflicts of interest to any of the meeting Agenda items were declared.

APPROVAL OF AGENDA

Let the record show that Liquor Tax Requests and Board Per Diem Rates were added under “New Business;” Provider Screening Information Collection Tool was removed from the agenda.

**MOTION BY MARY MAROIS TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS MEETING AGENDA FOR SEPTEMBER 28, 2022 AS AMENDED; SUPPORT BY GARY NOWAK. MOTION CARRIED.**

APPROVAL OF PAST MINUTES

Let the record show that the August minutes of the NMRE Governing Board were included in the materials for the meeting on this date. Mr. Smeltzer indicated that he did not attend virtually; he will be marked as absent.

**MOTION BY DON SMELTZER TO APPROVE THE MINUTES OF THE AUGUST 24, 2022 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS AS AMENDED; SUPPORT BY JAY O’FARRELL. MOTION CARRIED.**

## CORRESPONDENCE

- 1) The minutes from the September 1<sup>st</sup> PIHP CEO meeting.
- 2) CMHAM "Advocacy Around Addressing MDHHS Action and Inaction on Key Policy and Practice Issues" document dated August 2022.
- 3) Email correspondence from Bob Sheehan at CMHAM discussing items related to the development of CMHA's CCBHC recommendations.
- 4) CMHAM "Michigan's State Demonstration, Demonstration Growth, and Initiatives to Make CCBHC a Permanent Part of Michigan's Healthcare Landscape" document revised September 7, 2022.
- 5) Medicaid Provider L Letter 22-44 regarding Michigan's Revised Statewide Transition Plan for Home and Community-Based Services Waiver Programs dated September 20, 2022.
- 6) CMHAM "Written Comments for the House Health Policy Committee" regarding HB 6355 dated September 22, 2022.
- 7) Michigan House and Senate Candidates for the November 8, 2022 election.
- 8) Letter from Eric Kurtz and Don Tanner to the Northern Lakes CMHA Board of Directors outlining next steps in the NMRE's enhanced contractual oversight of NLCMHA.
- 9) The draft minutes from the September 14<sup>th</sup> NMRE Regional Finance Committee meeting.

Mr. Kurtz stated that the latest version of the Associations' CCBHC Recommendations is better (good enough) and confirms that concerns were heard.

Ms. Dahlstrom referred the "MPCIP and MI CAL Update" in the September PIHP CEO meeting minutes. Mr. Kurtz noted that although a bed registry that was up to date and accurate would be beneficial, the design of the psychiatric bed registry is cumbersome and overwhelming and will not solve the fact that there are normally no psychiatric beds available statewide for timely placements. The psychiatric bed registry is scheduled for implementation in December 2022.

Mr. Kurtz drew attention to the correspondence from CMHAM regarding HB 6355. Michigan HB 6355 calls for CMHSPs to establish preadmission screening units in order to conduct preadmission screenings for hospital admissions within 3 hours. Mr. Kurtz stressed that the problem is not timely screenings; the problem is finding hospital beds. Individuals often have to wait in the ED, though it was noted that hospitals are required to provide treatment. Ms. Dahlstrom asked whether hospitals could convert some ED rooms for this purpose. Mr. Kurtz responded that they could but whether they would is unclear.

## ANNOUNCEMENTS

Let the record show new Board Members Chuck Varner and Eric Lawson, representing AuSable Valley and Northeast Michigan respectively were introduced and welcomed. Staff sitting in for CEOs (who were attending Directors Forum) were introduced.

## PUBLIC COMMENTS

Let the record show that the members of the public attending the meeting virtually were recognized.

## REPORTS

### **Executive Committee Report**

Let the record show that no meetings of the NMRE Executive Committee have occurred since the August Board Meeting.

## **CEOs Report**

The NMRE CEO Monthly Report for September 2022 was included in the materials for the meeting on this date. Mr. Kurtz Eric highlighted the Grand Traverse County Behavioral Health Services Community Input Summit on August 30<sup>th</sup> and the Northern Lakes Six County (Crawford, Grand Traverse, Leelanau, Missaukee, Roscommon, Wexford) Administrators meeting on September 12<sup>th</sup>; the next Northern Lakes Six County Administrators meeting is scheduled for October 3<sup>rd</sup>.

## **July 2022 Financial Report**

- Net Position showed net surplus Medicaid and HMP of \$12,117,012. Medicaid carry forward was reported as \$16,358,117. The total Medicaid and HMP Current Year Surplus was reported as \$28,475,129. Medicaid and HMP combined ISF was reported as \$16,358,117; the total Medicaid and HMP net surplus, including carry forward and ISF was reported as \$44,833,246.
- Traditional Medicaid showed \$168,681,306 in revenue, and \$154,712,217 in expenses, resulting in a net surplus of \$13,969,089. Medicaid ISF was reported as \$9,298,368 based on the unaudited FSR. Medicaid Savings was reported as \$11,296,867.
- Healthy Michigan Plan showed \$26,812,584 in revenue, and \$22,720,930 in expenses, resulting in a net surplus of \$4,091,653. HMP ISF was reported as \$7,059,749 based on the unaudited FSR. HMP savings was reported as \$5,061,250.
- Health Home showed \$1,216,598 in revenue, and \$1,016,957 in expenses, resulting in a net surplus of \$199,641.
- SUD showed all funding source revenue of \$20,997,804, and \$17,899,716 in expenses, resulting in a net surplus of \$3,098,088. Total PA2 funds were reported as \$5,149,752.

The direct care wage surplus was estimated at \$5,943,730. A Potential lapse of \$11M for FY22 was reported. Ms. Yockey noted that county PA2 balances can be monitored by comparing the "FY22 Projected Revenue" column with the "Ending Balance" column.

Mr. Lawson asked whether NMRE has a calculation of its administrative expenses. Ms. Yockey responded that she estimates that it is under 5%; she can produce an exact percentage for the October meeting.

Mr. Schmidt expressed that the Michigan House and Senate is looking to pass a bill for secondary road patrol using liquor tax funds (county portion). Ms. Dahlstrom questioned whether a portion of the marijuana tax be allocated to mental health. Mr. Tanner responded that townships are receiving a tremendous amount of money.

**MOTION BY RICHARD SCHMIDT TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY MONTHLY FINANCIAL REPORT FOR JULY 2022; SUPPORT BY ERIC LAWSON. MOTION CARRIED.**

## **Operations Committee Report**

The draft minutes from August 20, 2022 were included in the materials for the meeting on this date. Mr. Johnston reported that he was involved in discussions about the CCBHC with leadership from the UP. Rural Boards have voiced their objections with making the CCBHC a State Plan service; this message has been received loud and clear. Huge support for the Behavioral Health Home (BHH) has been expressed. A regional BHH Summit took place on September 23<sup>rd</sup> which highlighted many successes of the program; Lindsay Naeyaert was in attendance.

### **NMRE SUD Oversight Board Report**

The draft minutes from September 12, 2022 were included in the materials for the meeting on this date. During the meeting, Carolyn Brummund was elected as Chair and Richard Schmidt was elected as Vice-Chair.

Ms. Sircely reviewed the proposed FY23 SUD grant awards.

### **MOTION BY JAY O'FARRELL TO APPROVE FISCAL YEAR 2023 GRANT FUNDING RECOMMENDATIONS MADE BY THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT BOARD ON SEPTEMBER 12, 2022; SUPPORT BY GARY NOWAK. ROLL CALL VOTE.**

**"Yea" Votes:** K. Dahlstrom, E. Ginop, G. Klacking, E. Lawson, C. Marcus, M. Marois, G. Nowak, J. O'Farrell, R. Schmidt, K. Sherman, D. Smeltzer, D. Tanner, C. Varner

**"Nay" Votes:** Nil

### NEW BUSINESS

#### **Liquor Tax Requests**

Seven liquor tax requests for FY23 were presented to the NMRE Substance Use Disorder Oversight Board on September 13, 2022; a summary of the requests and the SUD Board's recommendations were included in the materials for the meeting on this date.

Mr. Marcus asked what Recovery Alliance is. Ms. Sircely responded that Recovery Alliance is "a Recovery Community Organization focused on mobilizing resources of the recovery community to increase the sustainability of long-term recovery from SUD." Clarification was made that the contract with Michigan Rehabilitation Services in an annual renewal for employment services via a match agreement (similar to local drawdown).

### **MOTION BY KARLA SHERMAN TO APPROVE THE SEPTEMBER 13, 2022 LIQUOR TAX USE RECOMMENDATIONS BY THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT BOARD TOTALING FIVE HUNDRED NINETY-TWO THOUSAND NINE HUNDRED NINETY-EIGHT DOLLARS AND FORTY-FOUR CENTS (\$592,998.44); SUPPORT BY MARY MAROIS. ROLL CALL VOTE.**

**"Yea" Votes:** K. Dahlstrom, E. Ginop, G. Klacking, E. Lawson, C. Marcus, M. Marois, G. Nowak, J. O'Farrell, R. Schmidt, K. Sherman, D. Smeltzer, D. Tanner, C. Varner

**"Nay" Votes:** Nil

#### **MDHHS-PIHP Contract Change Order No.6**

A summary of the adjustments made to the MDHHS-PIHP Contract in Change Order #6 was included in the meeting materials. Added language includes, "The Contractor must comply with the Standard Cost Allocation (SCA) methodology established by MDHHS when assigning the fund source and ensure subcontractor compliance with the SCA methodology." The model delegation agreement was removed and referenced only as a guide. Use of the SCA template is optional.

Additional language was also added related to the use of Subcontractors, though it was noted that the term “subcontractor” does not include network provider agreements that are limited in scope to the provision of covered services to enrollees (i.e, the actual delivery of clinical care).

**MOTION BY GARY NOWAK TO AUTHORIZE THE CHIEF EXECUTIVE OFFICE TO SIGN CHANGE ORDER NUMBER SIX (NO. 6) TO THE CONTRACT BETWEEN THE MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES AND THE NORTHERN MICHIGAN REGIONAL ENTITY; SUPPORT BY ED GINOP. ROLL CALL VOTE.**

**“Yea” Votes:** K. Dahlstrom, E. Ginop, G. Klacking, E. Lawson, C. Marcus, M. Marois, G. Nowak, J. O’Farrell, R. Schmidt, K. Sherman, D. Smeltzer, D. Tanner, C. Varner

**“Nay” Votes:** Nil

**Proposed FY23 Board Meeting Schedule**

The proposed FY23 Board Meeting Schedule was included in the meeting materials. It was noted that the November meeting would fall on the day before Thanksgiving and the December meeting would fall between Christmas and New Year’s.

**MOTION BY KARLA SHERMAN TO HOLD A COMBINED NOVEMBER AND DECEMBER NORTHERN MICHIGAN REGIONAL ENTITY BOARD MEETING ON DECEMBER 7, 2022, SUPPORT BY MARY MAROIS. MOTION CARRIED.**

The approved meeting schedule will be posted on the NMRE.org website.

**Board Per Diem Rates**

Per request of the Board in August, Ms. Yockey collected and reviewed the per diem rates from the five member CMHSPs.

	<b>AuSable Valley</b>	<b>Centra Wellness</b>	<b>North Country</b>	<b>Northeast Michigan</b>	<b>Northern Lakes</b>	<b>NMRE</b>
<b>&lt; 4 Hours</b>	\$40	\$40	\$50	\$50	\$50	\$40
<b>&gt; 4 Hours</b>	\$75			\$75	\$75	\$75
<b>Mileage</b>	IRS rate	IRS rate	IRS rate	IRS rate	95% of IRS rate	IRS rate

**MOTION BY RICHARD SCHMIDT TO KEEP THE NORTHERN MICHIGAN REGIONAL ENTITY’S BOARD PER DIEM AND MILEAGE REIMBURSEMENT RATES THE SAME; SUPPORT BY GARY NOWAK. MOTION CARRIED.**

~~**Provider Screening Information Collection Tool**~~

OLD BUSINESS

**Senate Bills 597 & 598/House Bills 4925 – 4929 – The Latest**

Rumors continue that Sen. Shirkey & Rep. Whiteford are drafting a compromise bill that would combine SBs 597 & 598 along with HBs 4925 – 4928 in an attempt to get “something” done before the end of the year. Any compromise bill between Sen. Shirkey and Rep. Whiteford would likely be as bad as the current version of SBs 597 & 598, which would still privatize Medicaid

mental health services by giving financial control and oversight or decision making to for-profit insurance companies.

**Grand Traverse County and Northern Lakes CMHA**

Mr. Kurtz attended the Northern Lakes CMHA Board Committee of the Whole meeting on September 15<sup>th</sup>. Mr. Kurtz was asked to move forward with the contractual oversight and CEO Search assistance offered. A lease agreement for Brian Martinus has been signed and he will assume the position of Interim CEO on October 3, 2022. The search process for a permanent CEO will begin as soon as possible. Ms. Marois will be chairing the Search Committee and will work with NMRE staff. The goal is to have a permanent CEO hired for NLCMHA by the end of the year.

All but one of NLCMHA’s counties (Crawford, Grand Traverse, Leelanau, Missaukee, Roscommon, Wexford) have signed the Memorandum of Understanding (MOU) to revisit the enabling agreement; Wexford is expected to sign soon. Separating from NLCMHA is currently off the table.

PRESENTATION

**Health Home Update**

NMRE Clinical Services Director, Bea Arsenov, and Lead Care Coordinator, Heidi Serven were in attendance to provide an update on the region’s health homes.

The purpose of the health home program was stated as “to provide comprehensive care management and coordination of services to address all of an individual’s health care needs.”

NMRE Health Homes		
Alcohol Health Home	Behavioral Health Home	Opioid Health Home
<ul style="list-style-type: none"> <li>Began in FY22 with block grant funds</li> </ul>	<ul style="list-style-type: none"> <li>Began in FY14 with Centra Wellness and Northern Lakes</li> <li>Expanded to all five member CMHSPs in October 2020</li> </ul>	<ul style="list-style-type: none"> <li>Began in FY19 when MDHHS selected the NMRE as the first pilot region</li> </ul>
<ul style="list-style-type: none"> <li>First enrollment began in December 2021</li> <li>48 clients are currently enrolled at 4 providers</li> </ul>	<ul style="list-style-type: none"> <li>400 individuals enrolled in the NMRE region and over 1,700 enrolled statewide</li> </ul>	<ul style="list-style-type: none"> <li>1,024 enrolled in the NMRE region and 2,279 enrolled statewide.</li> <li>OHH services have expanded to 7 PIHP regions with plans to expand to all regions in the state in FY23</li> </ul>

**Goals for the program were stated as:**

- Improve care management of beneficiaries with Serious Mental Illness (SMI)/Serious Emotional Disturbance (SED), Opioid Use Disorder, Alcohol Use Disorder including those receiving MAT, along with other chronic conditions.
- Improve care coordination between physical and behavioral health services
- Improve care transitions between primary, specialty, and inpatient settings of care
- Identify and improve Social Determinants of Health

**Outcomes for the health home programs include:**

- Lower than state average for inpatient hospital admissions for ambulatory care

- Higher than state average for follow-up after emergency visits
- Higher than state average for initiation and engagement in alcohol and other drug abuse or dependence treatment

Ms. Sherman asked how the NMRE can make the general public aware of the health home programs. Ms. Arsenov responded that the NMRE and the five member CMHSPs are working to spread the word among primary care providers. Mr. Kurtz added the importance of CMHSPs having a “no wrong door” approach to services.

#### COMMENTS

##### **Board**

Ms. Dahlstrom asked whether the NMRE has an avenue to meet with Munson and McLaren hospitals. Mr. Kurtz responded that there is nothing formal but he is always willing to meet. This topic will be placed on the meeting agenda for October.

Mr. Schmidt noted that Munson has opened new emergency rooms in northern Michigan.

#### MEETING DATES

The next meeting of the NMRE Board of Directors was scheduled for 10:00AM on October 26, 2022.

#### ADJOURN

Let the record show that Mr. Tanner adjourned the meeting at 12:05PM.