



Day of ReCOVERy Education

COVER yourself in strength • COVER yourself in positivity • COVER yourself in support

The Northern Michigan Regional Entity (NMRE) is sponsoring a **FREE Day of Recovery Education** for individuals who are seeking recovery or are in recovery from a substance use disorder

When: May 8, 2023 from 9:30AM—3:30PM

Where: Treetops Resort Convention Center
3962 Wilkinson Road, Gaylord

The day's events will include:

- Light Breakfast
- Speakers
 - Thomas Overett, CPRA—Peer Support Specialist
 - Carrie Zeigler, CPRC, CPRM—Peer Recovery Coach
- Full Lunch
- Breakout Sessions
- AcuDetox Demonstration
- Yoga
- Entertainment
- Door Prizes



Register Online at Eventbrite or Scan the QR Code:

<https://www.eventbrite.com/e/nmre-day-of-recovery-education-tickets-569818902677>

or Contact NMRE Customer Services at 833.285.0050